

LKS2: Gymnastics

Prior Learning

Children have...

- Mastered basic fundamental movements using their agility, balance and co-ordination to perform skills such as running, jumping, throwing and catching.
- Performed dances using simple movement patterns.



Vocabulary

- Sequence, style, space, travel, floor, apparatus, direction, level, height, speed, clarity, fluency, expression, perform, teamwork, point balance, patch balance, counter balance, mirroring, matching, placement, alignment

Sticky Knowledge

Team England Gymnastics (male and female) won gold at the Commonwealth Games in Birmingham 2022. The men's team have now won gold during three consecutive Commonwealth Games.



Cat Leap half turn



Backwards roll



Handstand



Cartwheel

