



UKS2: Invasion games – Hockey

Prior Learning

Children have...

- Used running, jumping, throwing and catching in isolation and combination.
- Played competitive games applying basic principles for attacking and defending.
- Compared performances with previous ones and demonstrated improvement to achieve personal best.



Vocabulary

- Hockey, stick, ball, push pass, swing, receive, travel, intercept, tackle, possession, dribble, shoot, attack, defend, teamwork, control, accuracy, goal, target, space, sweep pass, flick, communication, mark, opposition, hand-eye coordination, direct, strike, tactics

Sticky Knowledge



Push pass – Stand sideways on, ball in line with back foot. Transfer your weight from back foot to front foot, pushing the hockey stick forward as you do. Follow your hockey stick through your pass.



Jab tackle - On the jab action, remove your right hand to increase your reach and hold the stick firm with your left. Extend the stick towards the ball quickly with a jab-like motion.

Flicks can be used to shoot penalties in hockey. They are also used in game play as long as it is not deemed as dangerous. To flick, the stick needs to strike the ball facing slightly upward and body leaning back.



Sweep pass - Hold your stick almost flat to the floor. Pull back and swing forward striking the hockey ball with the stick. This technique can be used for long passes or shooting.