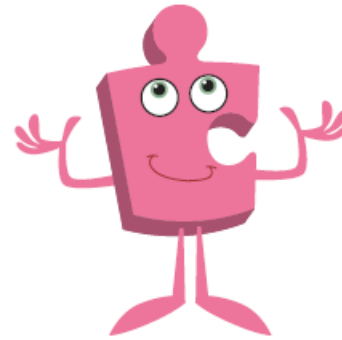
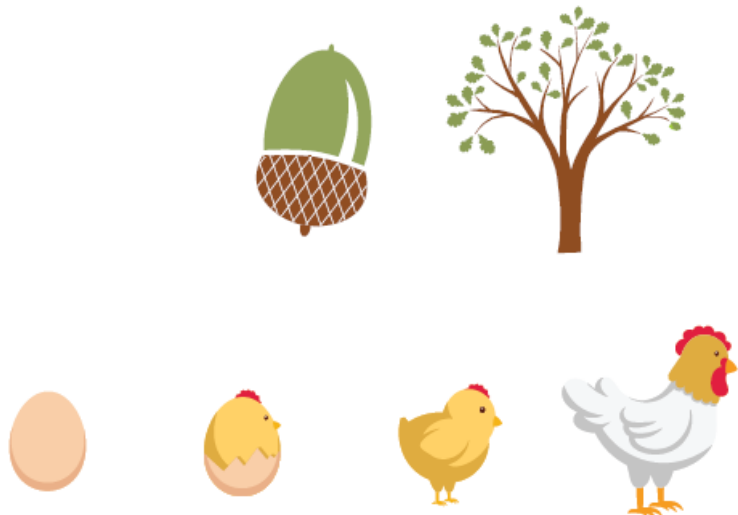




# Year 2 PSHE: Changing me

## Prior Learning

- Know that animals including humans have a life cycle
- Know that changes happen when we grow up
- Know that people grow up at different rates and that is normal
- Know the names of male and female private body parts
- Know that there are correct names for private body parts and nicknames, and when to use them
- Know which parts of the body are private and that they belong to that person and that nobody has the right to hurt these
- Know who to ask for help if they are worried or frightened
- Know that learning brings about change



## Vocabulary

\*Change, \*Grow, Control, \*Life cycle, \*Baby, \*Adult, Fully grown, Growing up, Old, Young, Change, Respect, Appearance, Physical, \*Baby, Toddler, Child, Teenager, Independent, Timeline, Freedom, Responsibilities, Male, Female, \*Vagina, \*Penis, \*Testicles, vulva, anus, Private, Touch, Texture, Cuddle, Hug, Squeeze, Like, Dislike, Acceptable, Unacceptable, Comfortable, Uncomfortable, Looking forward, Excited, Nervous, Anxious, Happy

## Sticky Knowledge

- Know that life cycles exist in nature
- Know that aging is a natural process including old-age
- Know that some changes are out of an individual's control
- Know how their bodies have changed from when they were a baby and that they will continue to change as they age
- Know the physical differences between male and female bodies
- Know the correct names for private body parts
- Know that private body parts are special and that no one has the right to hurt these
- Know who to ask for help if they are worried or frightened
- Know there are different types of touch and that some are acceptable and some are unacceptable

