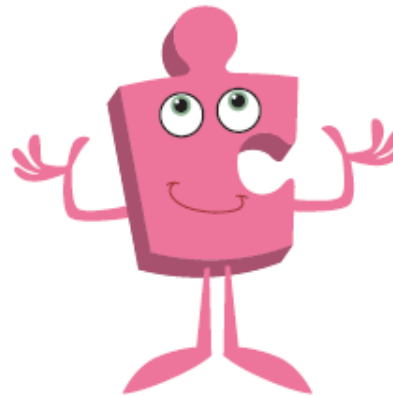




# Year 2 PSHE: Relationships

## Prior Learning

- Know that everyone's family is different
- Know that there are lots of different types of families
- Know that families are founded on belonging, love and care
- Know how to make a friend
- Know the characteristics of healthy and safe friends
- Know that physical contact can be used as a greeting
- Know about the different people in the school community and how they help
- Know who to ask for help in the school community



### Stop

Think about how you're feeling. Angry? Upset? Disappointed? Let down? Try to calm these feelings so you can think about what's gone wrong.



### Get Ready

Look at each other's point of view. Listen to how the other person sees it. Talk calmly about how you see it. Work out what's gone wrong.



### Mend The Friendship

Say sorry if you need to (even if it's hard). Agree how to put it right. Do something fun together. Have a special 'make friends' sign, gesture or phrase (touch little fingers, say "make friends, make friends...").

## Vocabulary

Family\*, Different, Similarities, Special, Relationship\*, Touch\*, Physical contact, Communication, Like\*, Dislike\*, Acceptable, Not acceptable, Friends\*, Conflict, Point of view, Positive problem solving, Good secret, Worry secret, Telling, Adult, Trust, Happy, Sad, Frightened, Compliments, Celebrate, Appreciate\*

## Sticky Knowledge

- Know that everyone's family is different
- Know that families function well when there is trust, respect, care, love and co-operation
- Know that there are lots of forms of physical contact within a family
- Know how to stay stop if someone is hurting them
- Know some reasons why friends have conflicts
- Know that friendships have ups and downs and sometimes change with time
- Know how to use the Mending Friendships or Solve-it-together problem-solving methods
- Know there are good secrets and worry secrets and why it is important to share worry secrets
- Know what trust is