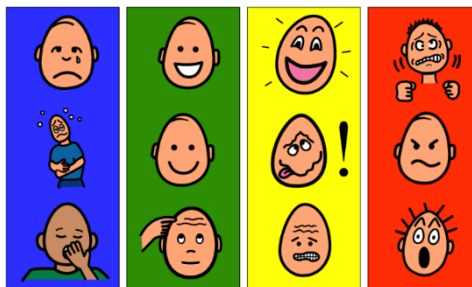




# Year 5 PSHE: Relationships

## Prior Learning

- Know some reasons why people feel jealousy
- Know that jealousy can be damaging to relationships
- Know that loss is a normal part of relationships
- Know that negative feelings are a normal part of loss
- Know that memories can support us when we lose a special person or animal
- Know that change is a natural part of relationships/ friendship
- Know that sometimes it is better for a friendship/ relationship to end if it is causing negative feelings or is unsafe



## Vocabulary

Personal attributes, Qualities\*, Characteristics, Self-esteem, Unique, Comparison, Negative self-talk, Social media\*, Online, Community, Risky, Positive, Negative, Safe\*, Unsafe\*, Rights\*, Responsibilities\*, Social network, Gaming, Violence, Grooming, Troll, Trustworthy\*, Appropriate\*, Screen time, Physical health, Mental health, Peer pressure, Influences, Personal information, Passwords, Privacy, Settings, Profile, SMARTT rules.

## Sticky Knowledge

- Know that a personality is made up of many different characteristics, qualities and attributes
- Know that belonging to an online community can have positive and negative consequences
- Know that there are rights and responsibilities in an online community or social network
- Know that there are rights and responsibilities when playing a game online
- Know that too much screen time isn't healthy
- Know how to stay safe when using technology to communicate with friends