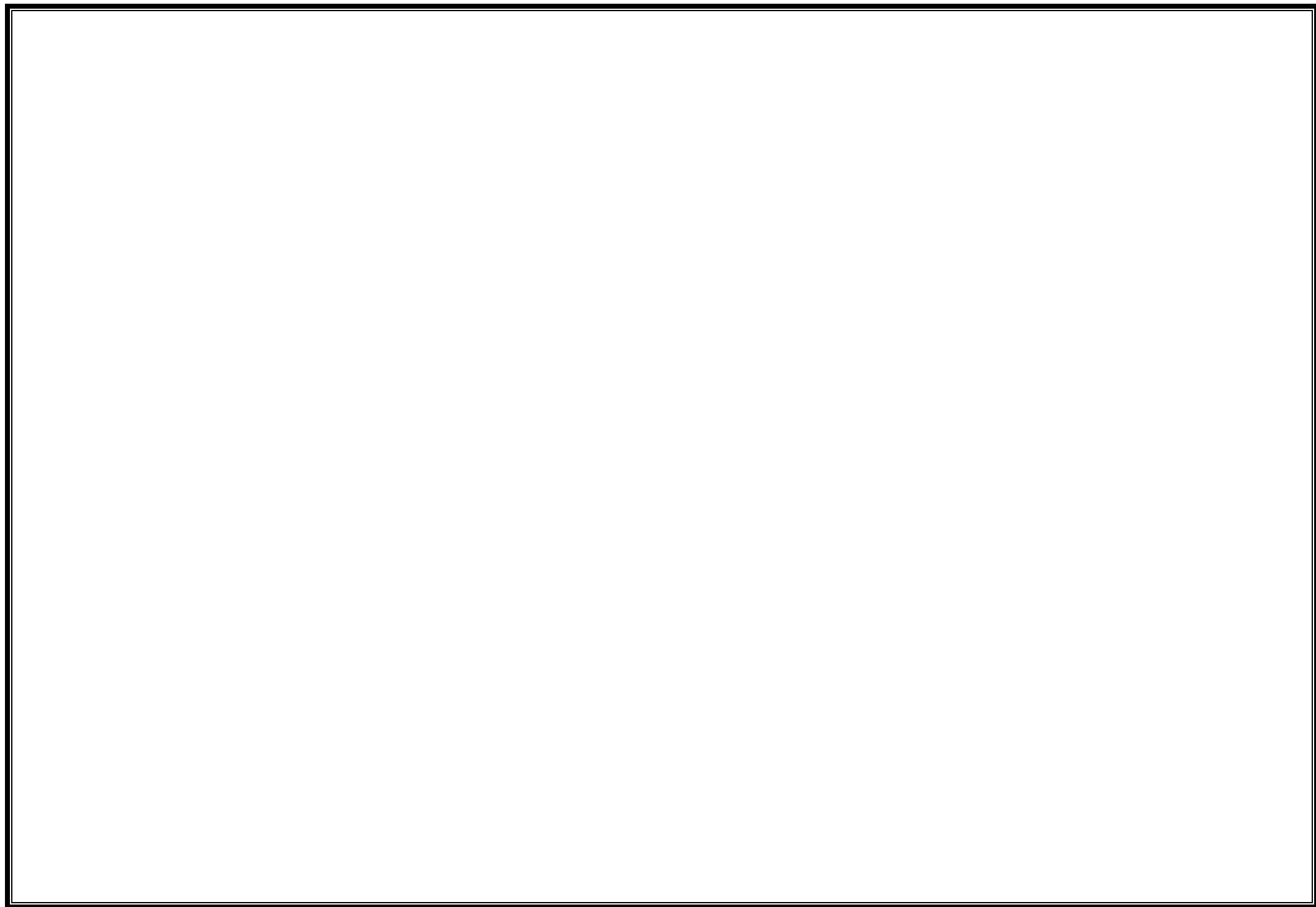


<u>Year group</u>	<u>Key Objectives to be taught as part of Relationships, Sex and Health Education (RSHE):</u>
FS1 & FS2	I can name parts of the body, Vagina and Penis (FS2). I understand that we all grow from babies to adults. I understand the pants rule.
<u>Year group</u>	<u>Key Objectives to be taught:</u>
YR1	I am starting to understand the life cycles of animals and humans. I can tell you some things about me that have changed and some things about me that have stayed the same. I can tell you how my body has changed since I was a baby. I can identify the parts of the body that make boys different to girls and can use the correct names for these: penis, testicles, anus, vulva and vagina. I understand that every time I learn something new I change a little bit. I know who to ask for help if I am worried or frightened.

<u>Year group</u>	<u>Key Objectives to be taught:</u>
YR2	I can recognise cycles of life in nature I can tell you about the natural process of growing from young to old and understand that this is not in my control. I can recognise how my body has changed since I was a baby and where I am on the continuum from young to old. I can recognise the physical differences between boys and girls, use the correct names for parts of the body (penis, testicles, vulva, vagina, anus) and appreciate that some parts of my body are private I understand there are different types of touch and can tell you which ones I like and don't like

<u>Year grp</u>	<u>Key Objectives to be taught:</u>
YR3	I understand that in animals and humans lots of changes happen from birth to fully grown, and that in mammals it is the female who has the baby I understand that boys' and girls' bodies need to change so that when they grow up their bodies can make babies. I can identify how boys' and girls' bodies change on the outside during this growing up process. I can identify how boys' and girls' bodies change on the inside during the growing up process and can tell you why these changes are necessary so that their bodies can make babies when they grow up. I understand that as boys' and girls' bodies change at puberty, they need to think more about keeping clean and healthy I can start to recognise stereotypical ideas I might have about parenting and family roles
YR4	I understand that lots of things make up a person's identity and this what makes them unique. I can describe how a girl's body changes in order for her to be able to have babies when she is an adult, and that menstruation (having periods) is a natural part of this. I know there are many types of family and that often our family members form part of our inner circle. I know there are trusted people I can turn to if I need help and support as I grow up and go through puberty. I know how the circle of change works and can apply it to changes I want to make in my life. I can identify changes that have been and may continue to be outside of my control that I learnt to accept.



<u>Year group</u>	<u>Key Objectives to be taught as part of Relationships, Sex and Health Education (RSHE):</u>
YR5	I can explain how a girl's body changes during puberty and understand the importance of looking after ourselves physically and emotionally. I can describe how boys' and girls' bodies change during puberty. I understand that sexual intercourse can lead to conception and that is how babies are usually made. I understand that sometimes people need help from doctors to have a baby. I can identify what I am looking forward to about becoming a teenager and understand this brings growing responsibilities. I am aware of my own self-image and how my body image fits into that.
YR6	I am aware of my own self-image and how my body image fits into that. I can explain how girls' and boys' bodies change during puberty and understand the importance of looking after yourself physically and emotionally. I can describe how a baby develops from conception through the nine months of pregnancy, and how it is born. I understand how being physically attracted to someone changes the nature of the relationship and what that might mean about having a girlfriend/ boyfriend. I know myself well enough to maintain positive relationships with others whilst still keeping my own identity. I am aware of the importance of a positive self-esteem and what I can do to develop it. I can identify what I am looking forward to and what worries me about the transition to secondary school /or moving to my next class.



GRIFFE FIELD PRIMARY SCHOOL

RSHE Scheme Of Work

Foundation Stage —————> Year 6.